

# **Africa Reconnect Program – Participant Code of Conduct**

## **For Adults 45 Years and Above**

Organized by **Nyumbani Academy (Afrika Sisi Nyumbani Ltd.)**

The **Africa Reconnect Program** is a unique journey of cultural immersion, education, and personal transformation. To ensure a successful and enjoyable experience for everyone, all participants are expected to adhere to the following Code of Conduct:

### **1. Respect for Culture and Community**

- Respect local traditions, customs, and beliefs at all program locations.
- Dress appropriately, especially during visits to cultural, religious, or rural settings.
- Ask for consent before photographing local people or private property.

### **2. Health and Wellbeing**

- Disclose any pre-existing health conditions or special needs in advance.
- Ensure you have up-to-date medical insurance and necessary vaccinations.
- Stay hydrated, well-rested, and follow all safety and health instructions provided by the program staff.

### **3. Positive Group Dynamics**

- Treat fellow participants, staff, and locals with kindness, patience, and respect.
- Be inclusive and support others, especially considering varying mobility or comfort levels.
- Avoid aggressive, offensive, or discriminatory language or behavior.

### **4. Punctuality and Participation**

- Be on time for all scheduled activities, meals, and transport.
- Attend all program activities unless medically excused.
- Actively participate in group discussions, workshops, and cultural activities.

### **5. Alcohol, Drugs, and Smoking**

- Excessive alcohol consumption is discouraged and should be done only in designated areas, if permitted.
- The use or possession of illegal substances is strictly prohibited.
- Smoking is only allowed in designated outdoor areas and must not disturb others.

### **6. Safety and Emergency Awareness**

- Follow all safety instructions given by guides, facilitators, or coordinators.
- Always stay with the group during excursions unless otherwise permitted.

- Report any accidents, injuries, or unsafe conditions to program staff immediately.

## **7. Responsibility and Accountability**

- Take care of personal belongings; Nyumbani Academy is not responsible for lost items.
- Respect the accommodation facilities and shared spaces.
- Participants may be held liable for intentional damage caused to property or equipment.

## **8. Confidentiality and Privacy**

- Respect the privacy of fellow participants. Avoid sharing personal information or photos without permission.
- Any sensitive cultural or personal discussions shared during the program should remain confidential unless otherwise agreed.

## **9. Feedback and Communication**

- Participants are encouraged to provide feedback during or after the program.
- Address concerns or complaints respectfully with program staff in a timely and constructive manner.

## **Violation of the Code**

Nyumbani Academy reserves the right to:

- Issue warnings to any participant who violates the code.
- In serious cases, withdraw a participant from the program without a refund.

**This Code of Conduct aims to build trust, comfort, and mutual respect — ensuring a safe and meaningful journey for all.**

**We welcome you to Africa with open hearts. Karibu sana!**